

Achieve

Fall 2018



The Arc
Bristol County

**GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED** 



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Giving Thanks and Appreciation

Dear Friends,

As November brings many changes in the season, it also signifies the start of the holidays where we give thanks and celebrate each other, especially as November has been designated as National Caregiver Appreciation month—be sure to check out Elizabeth Tierney’s story in our Caregiver Spotlight! As an organization, we have much to be thankful for and I would like to highlight some great examples of the work that we have completed over the past several months.

In July, we held our Arc Strong: Achieving Dreams Walk, Run, Roll event. We had over 200 participants and were able to raise over \$20,000 towards supporting critical services. It was a great day that showcased incredible Arc spirit. Special thanks to our events co-chairs, Mayor Hoye and Jackie Theis and all of the great runners, walkers, sponsors and volunteers. We were also especially honored to present Scholarships to several individuals at the event.

September signified our 59th Anniversary and this year’s theme was “Celebrating our Workforce”. Over 175 individuals, families, volunteers, and staff came together to celebrate this milestone and recognize this year’s award recipients for a festive evening. We applaud each of our award recipients and thank them for the amazing contributions that they have provided to individuals with intellectual and developmental disabilities and their families.

October continued with many festivities including our Harvest Hayride coordinated by our Family Advisory Council, Halloween celebrations at our day programs and Fall River Resource Center, and in honor of Disability Employment Awareness month, four individuals we support secured new jobs! We also hosted our annual Employee Appreciation event where we honored several staff for their years of service. Congratulations to all of our award recipients, especially Marge Valm who celebrated 25 years with our organization and with special thanks to the Workforce Development Committee.

November launched with our proAbility Harvest Auction Gala on the 3rd. For those of you who joined us, thank you. It was an amazing night where guests had a great time and exceeded another record fundraising goal. Special thanks to the organizing committee and all others who took time to volunteer and/or provide so many remarkable auction items. With their support and the generosity of our guests we made a good head-start on our Annual Appeal to raise funds for social recreational opportunities for the individuals and families we support, as well as for holiday gifts for our upcoming Holiday Party. There is still time to donate to our Annual Appeal which runs through the end of the year by returning the enclosed envelope, or making a secure donation online at www.arcnbc.org.

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Achieve with us.

Giving Thanks and Appreciation

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These are a few examples of the remarkable support that our respective teams provide each day and we are very appreciative to all of our partners who made these events possible. In the spirit of appreciation and thanksgiving, let's take some time to recognize and share our accomplishments; I invite you to contact me directly to share your stories. It is only through your support and collective experiences that we can continue to share our message of civil rights and deliver quality services to the individuals and families who rely on The Arc each day.

My sincere thanks and best wishes for a joyous holiday season and prosperous new year!

Yours in Appreciation,



Michael Andrade
President & CEO

Employee of the Quarter

Elizabeth Pacheco

Elizabeth Pacheco is an ABA Provider with the Autism Now Center. Liz brings positive energy in all her home visits. She takes a very collaborative approach in her work. She recently received kudos from a very thankful grandfather whose grandchild receives services. He writes, "Lilly's behavior, speech, and quality of life has improved 100% under the guidance and instruction of Ms. Liz. Her dedication and care every time she visits is a key role in Lilly's development for tomorrow and the rest of her life."



October Was National Disability Employment Awareness Month

October was National Disability Employment Awareness Month (NDEAM.) NDEAM is a national campaign that raises awareness about disability employment issues and celebrates the many and varied contributions of America's workers with disabilities. NDEAM's roots go back to 1945, when Congress enacted a law declaring the first week in October each year "National Employ the Physically Handicapped Week." In 1962, the word "physically" was removed to acknowledge the employment needs and contributions of individuals with all types of disabilities. In 1988, Congress expanded the week to a month and changed the name to "National Disability Employment Awareness Month." If you want to read more, please visit <https://www.dol.gov/odep/topics/ndeam/>

Rec-Connect trip to Maine



In July, the Rec-Connect program visited Maine and had a great time!

Staff Appreciation Event



Pictured left to right: Michael Andrade, President/CEO; Clare James (5 years), John Neill, Director of Human Resources, Patricia Ramos (5 years) and Kelsey Wietecha (5 years).

Educational Workshop Training Held

Educational Consultant, Angela Ferreira hosted “Being Effective in Advocating For Your Child” on Nov. 6th at the Park Street, Attleboro facility. This training workshop was designed for parents and guardians to learn effective strategies for negotiating services and accommodations for their child during Individual Education Plan (IEP) meetings. The workshop was a success. Many local families participated and gained a better understanding of special education services and how to better navigate and prepare for the meeting.

The workshop offered parents information regarding basic rights, evaluations, timelines, accommodation and modifications as well as an opportunity to share their experiences. Participants learned how to address concerns and issues in a proactive and positive way, while receiving tools needed to support their participation in the development of their child’s IEP. Thank you to all the families who participated and shared their knowledge and personal stories.

If you have a child receiving special education supports at school, look for future training events with our Educational Consulting Team at The Arc of Bristol County.

PLEASE JOIN US FOR DINNER, DANCING,
AND HOLIDAY FUN AT OUR ANNUAL

Holiday Party

SATURDAY, DECEMBER 1ST
AT 6:00 O’CLOCK IN THE EVENING

HOSTED BY
THE ARC OF BRISTOL COUNTY & PROABILITY

Sponsored by:
The Knights of Columbus of South Attleboro and Attleboro Elks Lodge

THE ATTLEBORO ELK’S CLUB

887 South Main Street, Attleboro, MA 02703

RSVP by: 11/23/18 to Ellen Beauvais

401-682-7070 | Ebeauvais@proAbility.org





Arc Strong Run, Walk & Roll A Success

Sunday morning July 15th at the Holiday Inn of Taunton in the Miles Standish Industrial Park, over 180 walkers, runners and rollers braved the heat and turned out for our Annual Arc Strong: Achieving Dreams 5k Run Walk & Roll. We are so appreciative of the participants and volunteers for truly making it such a successful day and raising over \$28,000 in support of the many programs and services at The Arc of Bristol County.

A special thank you to returning Event sponsor Bristol County Savings Bank, to Empowerment Sponsor G. Lopes Construction, and to Gold Sponsors: Bertucci's and Integrated IT, and Team Sponsors Bay State Financial (Rich Harwood), Cryan Landscaping, Economised Time Services, Fbinsure, Mallard Printing, Martignetti Companies, TASCO, The Milford National Bank & Trust, and to many Dream Marker Sponsors. In addition, thank you to co-chairs, Mayor Thomas J. Hoye, Jr. and Jackie Theis, fundraising chair for The Arc and V.P. of Bristol County Savings Bank.

As part of the event this year, we presented checks for \$500 to the winners of the Arc Strong Empowerment scholarships as well as

to the William Jackson Dream Award winners. Winners of an Arc Strong Empowerment scholarship were:

- Shaelyn Fiske, Seekonk High School
- Gina Gagliardi, Somerset High School
- Kayla Lamb, Attleboro High School
- Kaitlyn Pacheco, Seekonk High School
- Raquel Sousa, Dartmouth High School

And winners of the William Jackson Dream Award were:

- Lance Elric, Cumberland, RI
- Charles Goulet, Taunton, MA
- Lucille Merow, Dorchester, MA



Harvest Gala Dinner Auction a Big Success

The Arc of Bristol County dba proAbility held the 7th Annual Dinner Auction on Saturday, November 3rd at the Grand Rose Ballroom at Clarion Inn in Seekonk. The theme for the evening was Harvest Gala and Auction and the event raised over \$16,000 for programs and services. With over 130 people in attendance, the night was co-hosted by Debbie "Coach" Wood and Alison Bologna of WJAR NBC10. Alison captured the spirit of the night when she stated, "proAbility is an amazing organization not just because of what you do, but because of who you are and how you care-you change lives each day and don't ever forget how much that means to people with disabilities and their families."

Raffles, silent and live auction, and Fund-a-Need donations made for a lively night of fun and bidding. Generous guests supported this year's Annual Appeal through raising funds for social and recreational opportunities for the individuals and families supported, as well as for holiday gifts for participants which



Michael Andrade with Alison Bologna of WJAR NBC10.

will be presented at an upcoming Holiday Party on December 1st. We are particularly thankful for Debbie and Alison, auctioneer Jack Martone and wife Nancy, committee members, and all those who donated items to this year's event. But we couldn't have done it without the support of our guests who truly made the event a success! Next year's event will take place in October, with more details released in the coming months.



Guests bidding high during the Live Auction

Out of Towners Talent Show

A talent show took place at The Arc on June 13th. This talent show was an event put on by the Out of Towners participants. The Out of Towners are a group comprised of young adults interested in partaking in social opportunities. The performers entertained the audience with diverse acts from dramatic reading to martial arts and singing. The night ended with a Drums Alive opportunity after participants and the audience enjoyed pizza together! For more information regarding the Out of Towners, email theoutoftowners123@gmail.com



November Is National Caregivers Month

"Family members, friends, and neighbors devote countless hours to providing care to their relatives or loved ones. During National Family Caregivers Month, we recognize and thank the humble heroes who do so much to keep our families and communities strong."

President Barack Obama, NFC Month Proclamation 2012

Annual Dinner Celebration and Awards Ceremony

The Arc's 59th Annual Celebration and awards ceremony was held Wednesday, September 12th at the Holiday Inn Taunton. With over 170 people in attendance, the night was filled with good food, fun, and an appreciation of the people in our communities who are doing so much to support individuals with intellectual and developmental disabilities. The theme of the night was Celebrating Our Workforce and a special video with the same name was shown showcasing individuals supported by The Arc talking about their staff and how they appreciate the support given them. Next year's 60th anniversary celebration event will take place in October, with more details released in the coming months. The Arc of Bristol County's 2018 Annual Awards were presented to:



Community Excellence Award: awarded to BayCoast Bank, recognizes outstanding accomplishments by community members who embody practices that promote inclusion and integration. This award is presented to an individual or community organization that has shown an outstanding commitment to the principles of The Arc.



Self Determination Award: awarded to Sally Swanton, Rumford, RI, honors an individual with a disability who has demonstrated exemplary self advocacy skills for themselves or on behalf of others.



Arc Spirit Award: awarded to Susan Saulnier, Attleboro, MA recognizes a volunteer and/or employee who has advanced the mission of the organization. An individual's contribution must have a large impact for those supported by the organization.



Family Leadership Choice Award: presented to Elizabeth Erna, Seekonk, MA, and Cathy and Chris Swiderski, Warwick, RI, pays tribute to the commitment of our organization's founders. The award honors an individual and/or family member who has provided exemplary support, guidance, and advocacy to and on behalf of families.



Founders Award: presented to Lucy and Tom Erhard, Foxboro, MA, is named after the courageous families who began The Arc and is given to a true champion of our mission, whose work has and will influence the treatment of individuals with disabilities for years to come.

35th Annual State Representatives Cup a Resounding Success

This year's annual State Representatives Cup was held on Monday, June 18th at the Country Club of New Bedford. It turned out to be a breezy but beautiful day for golf with 20 teams teeing off for a 12:30pm Shotgun start to raise money in support of The Arc's Educational Advocacy programming in the greater New Bedford area.

Again this year, we saw an incredible growth in the dollars raised with some generous first-time sponsors, along with our steadfast returning sponsors who contributed to a net profit of \$38,500, a 38% increase! This extraordinary effort was led by MA State Representatives Antonio Cabral, Paul Schmid, Christopher Markey, Aaron Mischlewitz, and Robert Koczera. We are so grateful to them

for their hard work and enthusiasm. We look forward to another great tournament in 2019!

Platinum Sponsors

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Orsted
Vineyard Wind

Gold Sponsor

Bristol County Savings Bank

Golf Cart Sponsor

First Bristol Corp.

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SouthCoast Health
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Corporate Sponsors

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Mallard Printing
Mass Property Insurance Underwriters
Sardinha Family Trust
Tremont Strategies
Vibra Hospital
Whaling City Seafood

Additional Donations

Borden Insurance Agency
Clare and Justin Camara
Committee for Bob DeLeo
Lidia Martins
Mayor Jon Mitchell
Jim, Kathy & Kristie Philips
Yester'Year Cyclery

Caregiver Spotlight!

Elizabeth Tierney



Elizabeth Tierney is being recognized as an outstanding caregiver by her AFC Coordinator Paula Taylor, and her AFC RN, Sandy Furtado. Elizabeth and her husband Michael are proud parents of three daughters and three sons. Elizabeth is a very involved and committed caregiver for two of her sons, Patrick and

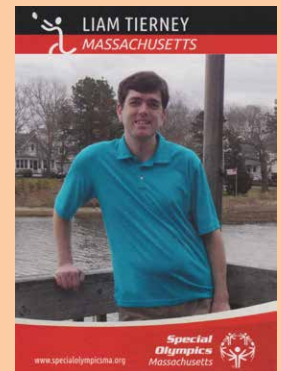
Liam. Patrick has been a member of The Arc's Adult Family Care (AFC) program since 2011.

Elizabeth has on multiple occasions proven that she has excellent follow through and advocacy skills to ensure that Patrick's needs are being met. Elizabeth recently recognized when Patrick was no longer feeling satisfied with his employment and she is currently working collaboratively with Patrick and his employment services team and the Department of Developmental Services to locate a new job opportunity. The goal is that it will not just be a job for Patrick, but ideally would be something he truly enjoys.

Furthermore, Elizabeth believes in the importance of community involvement and encourages and

supports her sons to have meaningful relationships with friends and engage in activities that interest

them. It is clear that Elizabeth is passionate to ensure her sons are living life to the fullest! Not only is Elizabeth a committed mom and caregiver to both of her sons, she is also a program manager for the local Special Olympics team. Elizabeth and Michael support 25 athletes in basketball, softball and flag football. As a matter of fact, their son Liam was recently inducted into the Special Olympics Hall of Fame! Congratulations Liam and the Tierney family!



Administration Office

141 Park Street
Attleboro, MA 02703
Tel: (508) 226-1445 • Fax: (508) 226-1476
Toll Free: (888) 343-3301
Web: www.arcnbc.org

Day Habilitation Services

5 Mill Street
Middleboro, MA 02346
Tel: (508) 946-2121 • Fax: (508) 946-2195

Hillside Adult Day Health Care

50 Walton Street
Attleboro, MA 02703
Tel: (508) 226-6150

proAbility

25 Thurber Blvd.
Smithfield, RI 02917
Tel: (401) 233-1634 • Fax: (401) 233-1674

Taunton Area Resource Center

437 Bay Street
Taunton, MA 02780
Tel: (508) 884-2971 • Fax: (508) 884-2964

The Arc of Greater Fall River

182 North Main Street
Fall River, MA 02720
Tel: (508) 679-0001 • Fax: (508) 679-9375

The Arc of Greater New Bedford

412 B County Street
New Bedford, MA 02740
Tel: (508) 996-8551 • Fax: (508) 996-8553



Achieve with us.

***The Arc of Bristol County
Presents our***

**16th Annual
Pancake Breakfast**

Saturday February 9, 2019

Snow date, February 16th

8am – 11am

Portuguese American Civic Club

175 School Street, Taunton, MA

\$6.00 per Ticket • Raffle & Door Prizes

Tickets available for purchase at the door, or prior to event at:

Taunton Office @ 437 Bay St. Taunton, MA 508-884-2971

Attleboro Office @ 141 Park St. Attleboro, MA 508-226-1445

