



Day Habilitation Services



Big Ideas on a Small Scale

The Arc recognizes that people learn best in small groups. The Day Habilitation program has a capacity of 30 people, affording everyone involved the opportunity to access the community on a regular basis while receiving the time and attention they need to be successful.

Providing Community Based Day Habilitation Services to People with Developmental Disabilities.

Families who choose the Arc's Day Habilitation program can expect...

- To become a valued member of our team
- Positive, reliable communication from staff
- To be encouraged to share their knowledge, experience and ideas with the team
- Services that promote independence, creativity and honor an individual's right to choose
- Their loved one to be safe and treated with respect while they learn to assume new adult roles.
- A program that focuses on making each day fun

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The Arc of Northern Bristol County
Day Habilitation Services

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Making Each Day Meaningful

BY ASKING, "WHAT IS IMPORTANT TO YOU?"

The supports and services at the Arc's Day Habilitation program are designed to evolve to meet the changing needs and interests of each individual joining the program.

Our Mission & Vision

The Arc of Northern Bristol County's mission is "to strive for the right of all people with developmental disabilities to be valued as individuals, to experience choice, and to be fully included in all aspects of community life."

It is our vision to empower lives and connect communities by building our capacity, competency, and diversity.

Offering Individuals with disabilities the opportunity to choose a community based model of supports

Accessing the Community

The goal of Arc of Northern Bristol County's new Day Habilitation program is to support people with developmental disabilities to learn new skills in a community based setting.

The Arc is committed to providing a range of opportunities to meet this goal through an ongoing effort to both establish partnerships with community members and preserve and expand upon the preexisting relationships of the individuals supported,

Services Available

Skills Development

- Independent Living
- Sensory Motor
- Behavioral
- Affective
- Social
- Communication
- Daily Living

Nursing

- Medication Management
- On Going Monitoring
- Health Education

Therapy

- Physical Therapy
- Occupational Therapy
- Speech Therapy

CORE VALUES

- PEOPLE FIRST
- DEMOCRACY
- VISIONARY LEADERSHIP
- COMMUNITY PARTICIPATION
- DIVERSITY
- INTEGRITY AND EXCELLENCE



Volunteerism

The Arc believes that everyone should try to give back to their neighborhoods. Supporting people with disabilities to volunteer creates a lasting community of interdependence where organizations rely on individuals with disabilities to help them be more successful and individuals are benefited through the creation of opportunities to be active in their communities, learn skills and develop relationships and expand their social networks.



Wellness

Keeping people active and healthy is another goal of the Arc's Day Habilitation program. People with disabilities that take part in the program will stay active through swimming, sports and recreation at local parks, the YMCA and other venues. The program plans to utilize other methods like Yoga, Pilates, dance and strength training as well as technology like the Wii to enhance health and well being. The program also provides access to an accessible kitchen where people can learn about nutrition and how to cook healthy meals.

Enrichment

The Arc aims to provide supports and services in a way that is fun and interesting, where people can explore new ideas and discover hidden talents while developing skills. People supported in the Day Habilitation program will be given exposure to the arts and chances to be creative.